

**MINISTRY TO PEOPLE WITH PTSD
SATURDAY, MARCH 30, 2019
8:30 AM TO 4:30 PM
PT 551: ONE CREDIT SEMINAR, MARCH 30, 2019**

Last revised: February 19, 2019

**Missio Seminary exists to produce missional Christian leaders-
men and women who incarnate the story of Jesus with humility and authenticity and who com-
municate the story with fidelity to Scripture, appreciation of the Christian tradition,
and sensitivity to the needs and aspirations of postmodern culture.**

INSTRUCTOR

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Office Hours: Contact me by email or text to schedule an appointment.

COURSE DESCRIPTION

Trauma has been described as “the mission field of the 21st century” by Diane Langberg, a clinician with decades of experience working with trauma survivors. This course will provide an overview of trauma and its impact as well as guidance for how counselors and ministry leaders can provide care for trauma survivors. The course will facilitate exploration of this topic from both a theological and counseling lens.

PERSONAL NOTE FROM THE PROFESSOR

I graduated from Missio’s MA in Counseling program in 2010. Since then I have had the privilege of walking alongside of courageous trauma survivors on their journeys of healing. I also completed Missio’s Global Trauma Recovery Institute and am currently enrolled in a PhD program at Regent University.

The Body of Christ is uniquely positioned to care for trauma survivors. I am deeply encouraged that you, as counselors and ministry leaders, are desiring to be further equipped, and I look forward to our time together.

SYLLABUS

This syllabus provides an overview of the course and course requirements. Students are responsible to know the content of the syllabus and follow the course schedule. Questions about the syllabus or schedule should be emailed to the professor promptly and will generally be answered in an email to the entire class so that everyone is informed.

This syllabus is intended to give the student guidance in what may be covered during the term and will be followed as closely as possible. However, the professor reserves the right to modify, supplement, and make changes as course needs arise.

PROGRAM GOALS AND COURSE OBJECTIVES

The goal for this course is to provide an introduction for counselors and ministry leaders of trauma; its impact; how to provide ethical, competent, and compassionate care to trauma survivors; and articulate characteristics of a trauma-informed church.

At the conclusion of the course, students should be able to:

1. Define trauma and articulate a theological understanding of trauma and healing;
2. Demonstrate an understanding of the impact of trauma in the lives of victims;
3. Demonstrate the ability to conceptualize psychological, pastoral, and ethical care for trauma survivors; and
4. Identify characteristics of a trauma-informed church.

COURSE ASSESSMENTS AND HOMEWORK HOURS

ASSESSMENTS AND HOMEWORK HOURS*	PERCENT OF GRADE	ESTIMATED TIME TO COMPLETE	MEANS OF ASSESSMENT
Attendance at the one-day Saturday seminar	40%	8 hours	Class attendance and active participation in learning activities
Reading	40%	8-10 hours	Submit reading % completed via e-Campus
Application Paper (3-4 pages)	20%	3-4 hours	Paper submitted through e-Campus

REQUIRED READING

Langberg, D. (2003). *Counseling Survivors of Sexual Abuse*. Fairfax, VA: Xulon Press.

COURSE PROCEDURES AND REQUIREMENTS

Attendance Policy and Grades

Attendance at the one-day seminar is mandatory with no exceptions.

Completion of Course Work

- *Counseling Survivors of Sexual Abuse* (Langberg, 2003) must be read prior to class on March 30.
- The final response paper is due by April 15, 2019 on e-Campus.

ASSIGNMENT DESCRIPTIONS AND GRADING

Application Paper (3-4 pages).

This assignment is an opportunity to reflect on the reading and course content and apply it to your ministry context. You can develop a plan from the reading and course content for making your church or ministry more trauma-informed. Or, you can reflect on how to provide safe, compassionate pastoral counseling or care to trauma survivors in your church or ministry context. Your paper should demonstrate that you understand trauma and key components of the healing journey through both counseling and theological lenses, the way it impacts your chosen population, your role (or dual roles), and any identified barriers to providing safe, compassionate care and community.

COURSE SCHEDULE

The morning will focus on understanding Trauma- and Stressor-Related Disorders through counseling and theological lenses, the impact of trauma on specific populations (i.e. sexual abuse survivors, veterans), and key components of the treatment/healing journey. The afternoon will cover trauma-informed churches and ministries with practical suggestions for ministry leaders desiring to make their churches safer for survivors.

GRADING SYSTEM

The seminar is a pass or fail course with the grade appearing on student transcripts as a “P” or “F”.