

**PT 505 PASTORAL COUNSELING
SPRING SEMESTER 2018**

Last revised: 11/13/2018

DATES AND TIMES

This class meets 5 Tuesday evenings, January 22 – February 19, 2019, from 6:30-10:00 p.m., as well as Saturday, February 2 from 8:30 a.m.-4:30 p.m. Students should log in to the course site prior to the first class or promptly once the class begins.

PROFESSOR

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Office hours available by appointment

MISSIO SEMINARY'S MISSION

To prepare missional leaders who incarnate the story of Jesus with humility and authenticity and who communicate the story with fidelity to Scripture, appreciation of the Christian tradition, and sensitivity to the needs and aspirations of postmodern culture.

COURSE DESCRIPTION

Equip pastors and other ministry leaders with necessary pastoral counseling skills needed in their context. Learn the importance and power of listening to troubled people and practice the art of “walking with” those in need. Appreciate the history and Christian tradition of “people helping” while becoming familiar with counseling resources outside the church. Three hours.

PERSONAL NOTE FROM THE PROFESSOR

I have had the privilege of working in the field of social work and ministry for over 20 years. Ministry requires that we empower those whom we serve and part of doing this work requires us to become great listeners. During our time together we will discuss, debate and will explore the role of Pastoral counseling. I believe that all of can become equipped to help those who come to us for assistance. The only way to become a good counselor is to practice and the only way to practice is by being available for those in need. We will learn how the basics of Pastoral counseling and develop skills that will be beneficial in your assigned context.

HYBRID COURSE FORMAT

This hybrid course at Missio Seminary meets one night per week and one Saturday. It also has required instructional hours between classes during some or all of the weeks of the course. These instructional hours are done in addition to homework. The instructional hours vary in design: recorded lectures, text-based lectures with study questions, collaborative work, guided discussions, and more. All required instructional hours outside of class time are listed in this syllabus.

This syllabus provides an overview of the course and course requirements. Students are responsible to know and follow it. Questions about the syllabus should be emailed to the professor promptly and will generally be answered in an email to the entire class so that everyone is informed. Weekly outlines, which detail what needs to be accomplished during each week of the course, are included in this syllabus.

PROGRAM GOALS AND OBJECTIVES AND COURSE OBJECTIVES

PROGRAM GOALS	COURSE OBJECTIVES
Cultivate grace-based missional lives increasingly characterized by the fruit of the Spirit, and love for God and others	1. Equip students with the concepts and skills required to be effective counselors in a ministry context with specific focus on listening.
Cultivate wisdom and skill in interpersonal relationships, conflict management, and living in community	2. Equip students to evaluate and construct a plan for how they will conduct pre-marital counseling. 3. Equip students to respond to issues of grief, including the problem of pain.
Demonstrate effective missional leadership based on biblical values and individual gifting, personality, call, context, and relational skills	4. Equip students to communicate effectively in ministry in light of modern technology and social media.

COURSE INSTRUCTIONAL HOURS

Instructional hours are instructor-led activities that students complete *in addition* to homework. They may consist of a variety of activities from live and/or recorded lectures and web conferences to collaborative work or discussions based on readings.

INSTRUCTIONAL HOURS	RELATED OBJECTIVES	ESTIMATED TIME IN HOURS
1. Classroom sessions	1-4	19.5
2. Faculty-led online discussions (7)	1-4	14
3. Additional meeting and notes	1-4	2.5
Total instructional hours		34.5 hours

COURSE ASSESSMENTS AND HOMEWORK HOURS

Assessments are graded assignments that measure a student’s mastery of the course content. Homework is course work in addition to the instructional hours listed above.

ASSESSMENTS AND HOMEWORK HOURS	RELATED OBJECTIVES	PERCENT OF GRADE	ESTIMATED TIME IN HOURS
Required readings	1-4	20%	35
Practice Counseling log	1-4	10%	9
Counseling resource paper	1-4	10%	1
Pre-marital report	1-4	20%	10
Grief/loss report	1-4	10%	5
Books summation paper	1-4	10%	10
Additional reading	1-4	10%	7
		Total for 3 hour course:	77 hours
<p>Note: All assignments must be submitted by the due date listed in the syllabus and no later than the final due date for the course listed in this syllabus by permission of the instructor. After the final due date, faculty cannot grant students permission to submit late work. See “Completion of Course Work” below.</p>			

REQUIRED READING AND MATERIALS:

Benner, D. (2003, 2nd Edition). *Strategic Pastoral Counseling: A short term model*. Grand Rapids MI: Baker Academic Press

Nouwen, Henri J. M. (1979). *The Wounded Healer: Ministry in Contemporary Society*. New York: Doubleday Image Books.

Other case studies, articles, and primary sources readings will be accessible through the online course site.

STUDENT RESPONSIBILITY AND ACADEMIC POLICIES

1. Academic Policies: Students are fully responsible to know and follow all seminary rules, regulations, and deadlines published in Missio Seminary's Academic Catalog, and all requirements concerning their degree programs.
2. Course Syllabus: Students are fully responsible to know and fulfill the requirements stated in the course syllabus. Students should email the professor about issues related to course work and deadlines during the course. See "Completion of Course Work" below for policies on course extensions.
3. E-campus Course Site: Students are fully responsible for course content and materials that are posted on the course site. Students are encouraged to check the course site frequently during the course. Student usage of the course site is tracked by the software and monitored by the professor of the course. Students who experience difficulty accessing or using the E-campus should email helpdesk@biblical.edu and include their student ID# in their correspondence.
4. Academic and General Integrity: As followers of Jesus Christ, we are called to integrity and Christ-likeness in all areas of life. What this means in the academic realm is that the completion of all assignments and assessments are to reflect your own work. Students found guilty of cheating or plagiarism will receive a grade of zero on the assessment and will follow the process outlined in the academic catalog. See the catalog for more information on plagiarism and seminary policies related to cheating and plagiarism.

ATTENDANCE POLICY AND GRADES

Students are expected to log in to the course site regularly and participate in the course activities in a timely manner. If you know you are going to be absent from the course site for more than three or four days, email the instructor and group members (if applicable) in advance. Nevertheless, your grade may be lowered for absences at the discretion of the instructor.

COMPLETION OF COURSE WORK

All course work is to be completed by the last day of classes for the term or by the date posted in the course syllabus. Extensions to this time limit will be made only by the academic administration committee. The individual faculty member does not have the authority to grant any extensions of time beyond the last class of the term. Requests for extensions must be made in writing to the committee at least one week prior to the last day of classes. Variance forms for this purpose are available in the academic office or on Missio's website. All requests should specify the reasons for the extension and the length of the extension desired. Requests are not automatically granted.

ASSIGNMENT DESCRIPTIONS AND GRADING

1. Discussion Forums

There will be weekly reading assignments that will come from online and will be followed up with discussion forums. The reading should be completed and each student is required to post in the discussion forum. All submissions should be posted by Saturday night, midnight. This will give time to prepare for discussion during each Tuesday evening class. Each post should be between 100-300 words.

2. Practice Counseling

Each student will keep a log of their experience as counselor.. Entries should be no more than one page and should include insights learned from the sessions. Although the student should contribute to this log every week, the log itself will be turned in at the end of the course.

3. Counseling Resource Paper

Each student will compose a list of community resources near their place of ministry. These resources should include (but are not limited to): counseling centers, community mental health centers, law enforcement, child protective services, and other similar organizations and ministries. Each item should include: name and contact information of the agency, mission/goals of the agency, and how your ministry and this ministry could mutually cooperate for the wellbeing of your community. Most of this information can be gained by consulting web pages, but I would highly recommend contacting at least one agency/ministry by either phone, email, or face-to-face contact.

4. Grief/Loss Support Group Report

Each student will find a Grief/Loss Support group meeting in their area and will attend one session. The students are required find a meetings that are open to anyone, it would be respectful to notify the local leader or pastor of your intent to attend. Your role should be mainly to observe both how the meeting is conducted and your own responses during this meeting. After attending this meeting, each student will write a one page summary/critique of their experience.

5. Pre-Marital Report

Each student will locate and examine thoroughly a “pre-packaged” pre-marital counseling program and write a one page summary/critique of this program. Additionally, each student will schedule an interview with an engaged couple. The interview should be a minimum of one hour (10 min. introduction, 30 min. joint, 10 min. with each partner). The purpose of this interview is to find out about this couple and how they currently interact. It is NOT to provide advice or assessment in any way. Then the student will write up the experience with this couple in light of pre-marital counseling.

6. Book Summation Paper

Each student will write a 5-8 page paper summarizing the book Wounded Healer. The paper will be a summation of the book and will include how the book helped you as a counselor and what skills you will need to develop to be a healthy pastoral counselor.

GRADE TABLE

MISSIO SEMINARY GRADING SYSTEM			
A	4.00	93.0 -100	Superior
A-	3.67	90.0 – 92.9	
B+	3.33	87.0 – 89.9	
B	3.00	83.0 – 86.9	Good
B-	2.67	80.0 – 82.9	
C+	2.33	77.0 – 79.9	
C	2.00	73.0 – 76.9	Fair
C-	1.70	70.0 – 72.9	
D+	1.30	67.0 – 69.9	Poor
D	1.00	63.0 – 66.9	
D-	0.70	60.0 – 62.9	
F	0.00	00. - 59.9	Failing

COURSE SCHEDULE

DATE	IN CLASS	OUTSIDE-OF-CLASS OR ONLINE
Tuesday, 1/22/19	Topic: Introduction to Pastoral Counseling Be prepared to discuss chapters in class	Read chapters 1 and 2 of Strategic Pastoral Counseling
During the week	Check for discussion forums online Read chapters 3 and 4 of Strategic Pastoral Counseling	Read and respond to online content Be prepared to discuss chapters 3 and 4 of Strategic Pastoral Counseling
Tuesday, 1/29/19	Topic: Understanding Pastoral Counseling	Check for discussion forums online
During the week	Check for discussion forums online	Begin to prepare Practice Counseling Log and Counseling Resource Paper
Saturday, 2/2/19	Topic: The Role of the Counselor in the Church Setting, Grief/Loss, Funeral Planning, Post Funeral Follow Up	Continue to work on Practice Counseling Log and Counseling Resource Paper
During the week	Check for discussion forums online	Read entire book Wounded Healer
Tuesday, 2/5/19	Topic: Book discussion of Wounded Healer Assignment: Counseling Resource Paper	Begin work on Pre-Marital Report and Grief/Loss Group Report
During the week	Check for discussion forums online	Continue to work on Pre-Marital Report and Grief/Loss Group Report
Tuesday, 2/12/19	Topic: Pre-Marital Counseling, Grief/Loss Counseling, Marital, Individual and Family Counseling Assignment Due: Book Summation Paper	Read chapters 5 and 6 of Strategic Pastoral Counseling
During the week	Check for discussion forums online	Read articles that will be sent to the class on self-care
Tuesday, 2/19/19	Topic: Self-Care Assignment Due: Pre-Marital Report and Grief/Loss Group Report , Practice Counseling Log	Complete all outstanding assignments by February 22, 2019
Final Due Date: February 22, 2019 (Any outstanding assignments are due)		