



## **ACS 307—Christian Counseling Spring 2019**

Wednesdays from 9:30 a.m.-12:30 p.m. from January 30, 2019 – May 15, 2019

*Last revised: 1/14/19*

Missio Seminary exists to produce missional Christian leaders—men and women who incarnate the story of Jesus with humility and authenticity and who communicate the story with fidelity to Scripture, appreciation of the Christian tradition, and sensitivity to the needs and aspirations of postmodern culture.

### **INSTRUCTOR**

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### **COURSE DESCRIPTION**

The purpose of this course is to familiarize students with the skills, topics, values, goals, and models of Christian Counseling as they are practiced in American culture. Throughout the course, students will be applying counseling and communication skills. Students will gain knowledge of various counseling topics, common counseling issues, basic and advanced helping skills, and will participate in practicing these skills in the classroom setting.

### **COURSE OBJECTIVES**

At the successful completion of this course, students should be able to:

1. Explain the biblical basis for Christian counseling and their practices
2. Be familiar with key counseling topics and common counseling-related issues
3. Practice basic and advanced counseling skills with peers
4. Reflect on and integrate course content into their lives and ministries.

### **REQUIRED READING**

There are no required textbooks for this course. There are required articles for this course. Students will access reading material in various ways throughout the course: hand-outs in class, electronic resources on the course site and on various websites, and library books, journals, etc.

## Course Procedures & Course Requirements

**Class Meetings:** This course meets on Wednesdays from 9:30 a.m. to 12:30 p.m. with two 15-20 minute breaks. Students are to come on time and prepared to participate in class.

**Attendance:** There is a positive correlation between attendance, learning, and grades. Classroom participation reinforces the exercises and assignments completed outside of class (through repetition/further practice) and provides an opportunity to ask questions about items or concepts that are unclear to the student. It is also an opportunity to interact with classmates and to learn from others' questions and insights. Students are required to attend every class period. **Lateness and absences will result in grade deductions.**

**How to Submit Assignments:** Submit all assignments via the course website (E-Campus).

**Cheating:** The community of Missio Seminary expects a commitment to integrity in all areas of life. Cheating is an expression of fraud and deception. Cheating includes (but is not limited to) representing another's work as your own, copying someone else's homework, quiz, or test, (in current or past classes). Students found cheating will receive a zero for the assignment, quiz, or exam (and perhaps the course), and may face further action by the academic office, such as expulsion from school.

**Help:** If you are experiencing difficulty, please let the instructor know or ask for time during a break or after class for assistance. We want to help you succeed in your courses. Students are also encouraged to discuss any difficulties with Dr. Oh.

## ACADEMIC POLICIES AND STUDENT RESPONSIBILITY

Please note that students are fully responsible to know and follow all the rules, regulations, and deadlines published in the Student Handbook.

## ACADEMIC AND GENERAL INTEGRITY

As followers of Jesus Christ, we are called to integrity and Christ-likeness in all areas of life. What this means in the academic realm is that all assignments are to reflect your own work. Those found guilty of cheating or plagiarism will receive a grade of zero on the assignment and will follow the process outlined in the current handbook. Plagiarism is against the law in the United States of America.

**Definition of plagiarism:** To plagiarize is "To steal or purloin and pass off as one's own (ideas, writings, etc., of another)" (*Webster's New Collegiate Dictionary*, 1953). Plagiarism is theft. Not putting the definition above within quotation marks, not crediting Webster's (via the text citation), or changing a word (e.g., "claim" for "pass off") and presenting the definition as your own would all be plagiarism. In other words, plagiarism is using someone else's material without giving that person credit. Other forms of plagiarism include mixing unmarked quotations with your own words and putting a single reference at the end of the paragraph, buying a paper from a term paper service (from any source, including one of those online), turning in a paper written by a student who already took the course, or having someone else write your paper. Writing the paper with another student is also plagiarism. Copying and pasting from a website, electronic document, or other source is stealing and is plagiarism. If in doubt, ask your professor or the library staff *before* you turn in your paper or project.

## COMPLETION OF COURSE WORK

All course work is to be completed by due dates posted in this syllabus/on E-campus. Extensions to this time limit will be made only by the director of the program and are not automatically granted. Missed due dates may require students to extend their program or fail the course. Additional fees may apply. The individual faculty member does not have the authority to grant any extensions of time beyond the due dates posted in the syllabus. Requests for extensions must be made in writing to the committee at least one week prior to the due date in the syllabus. Forms for this purpose are available in the academic office. All requests should specify the reasons for the extension and the length of the extension desired. Such requests are not automatically granted.

## GRADING SYSTEM

To remain in good academic standing, a student must maintain a 2.00 grade point average. The grading system is:

BIBLICAL SEMINARY GRADING SYSTEM			
A	4.00	93.0 -100	Superior
A-	3.67	90.0 – 92.9	
B+	3.33	87.0 – 89.9	
B	3.00	83.0 – 86.9	Good
B-	2.67	80.0 – 82.9	
C+	2.33	77.0 – 79.9	
C	2.00	73.0 – 76.9	Fair
C-	1.70	70.0 – 72.9	
D+	1.30	67.0 – 69.9	Poor
D	1.00	63.0 – 66.9	
D-	.70	60.0 – 62.9	
F	0.00	00. - 59.9	Failing

## CLASS SCHEDULE – WEDNESDAYS FROM 9:30 A.M. – 12:30 P.M.

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Week 1            January 30, 2019

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- *Introduction*
- *Purpose of Helping Skills*
- *Homework: Response Paper 1*

Week 2            February 6, 2019

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- *What is counseling?*
- *Christian Counseling Models*
- *Homework: Discussion Forum 1*

Week 3            February 13, 2019

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- *Listening & Attending Skills*
- *Homework: Discussion Forum 2*

Week 4            February 20, 2019

- *Basic Helping Skills*
- *Homework: Discussion Forum 3*

Week 5            February 27, 2019

- *Counseling Topic: Emotion Mindfulness*
- *Homework: Discussion Forum 4*

Week 6            March 6, 2019

- *Skills: Identifying Emotions & Clarifying Problems*
- *Homework: Discussion Forum 5*

Week 7            March 13, 2019 - **OUT OF CLASS ASSIGNMENT**

- *Counseling Topic: Stages of Change Model*
- *Homework: Response Paper 2*

Week 8            March 20, 2019

- *Skills: Speaking the Truth: Challenges, Confrontations, and Using Scripture*
- *Homework: Discussion Forum 6*

Week 9            March 27, 2019

- *Skills: Advanced Helping Skills*
- *Homework: Response Paper 3*

Week 10          April 3, 2019 - **OUT OF CLASS ASSIGNMENT**

- *Skills: Putting the Skills together*
- *Homework: Response Paper 4*

Week 11          April 10, 2019

- *Skills: Counseling Crisis Issues*
- *Homework: Discussion Forum 7*

Week 12          April 17, 2019- **NO CLASS**

- *Homework: Finish Response Paper 4*
- *Homework: Be working on your Paper Presentations*

Week 13          April 24, 2019

- *Counseling Topic: Stress Resiliency & Positive Psychology*
- *Homework: Discussion Forum 8*
- *Homework: Be working on your Paper Presentations*

Week 14          May 1, 2019

- *Counseling Topic: Cultural Issues in Counseling*
- *Paper Presentations Begin*

Week 15      May 8, 2019

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- *Paper Presentations*

Week 16      May 15, 2019

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- *Paper Presentations*

### **Class Assignments:**

- 1) **Attendance & Participation** – Students are required to be present for all classes and on time. Lateness and absences will result in a grade deduction.
- 2) **Readings** – There will be articles required to be read for this course. There are available on E-Campus. Power Points are to be read before the class as to help further the understanding of the course material.
- 3) **Response Papers** – There are 4 Response Paper to be completed throughout the course. See E-Campus for due dates and instructions.
- 4) **Discussion Forums** – There will be 8 Discussion Forum Posts to be completed for this course. Each Forum has two posts. One is the initial response to a question posted by the Professor, and the second post will be in response to another student’s posting. See E-Campus for due dates and instructions.
- 5) **Counseling Topic Paper and Paper Presentation** – You will choose a counseling topic (i.e. a disorder, problem, or concern). You will discuss the cultural differences and similarities to diagnosis, treatment, and perception of the topic. For example, you may choose to write about depression and discuss how it is handled differently in Korean culture verses American culture. Each student will present the results of the paper for 10 minutes. Presentations will occur the last few weeks of class during class time.

### **Class Assignment Percentages:**

Attendance & Participation	10%
Readings (articles and power points)	10%
Discussion Forums	25%
Counseling Topic Paper & Presentation	30%
Response Papers	25%
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Total:	100%